



# Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

**Unit Title:** Physiotherapy Theory and Application 2 (Part 2 of 2) (Honours)

Unit ID: NHPPS4101

Credit Points: 45.00

**Prerequisite(s):** (NHPPS3107)

Co-requisite(s): Nil

**Exclusion(s):** (NHPPS4001)

**ASCED:** 061701

# **Description of the Unit:**

This unit is the second of two clinical practice units consisting of 480 hours of professional experience placements, which are designed to set the foundation for learning experiences within health settings. This unit is made up of three 5-week placements in different discipline areas selected from the mandatory placements of acute care, rehabilitation, musculoskeletal physiotherapy, rural care, and virtual care. The total of 15 weeks of supervised professional practice clinical experience will be conducted in clinical settings in a range of public and private healthcare facilities across the state. The virtual care clinic is located in Gippsland. Attendance is mandatory. Students are required to travel to placement and stay at their own cost.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

**Work Experience:** 

No work experience

**Placement Component:** Yes - 60 days

**Supplementary Assessment:** No

Supplementary assessment is not available to students who gain a fail in this Unit.

### **Course Level:**

| Level of Unit in Course   | AQF Level of Course |   |   |   |   |    |  |
|---------------------------|---------------------|---|---|---|---|----|--|
| Level of Office in Course | 5                   | 6 | 7 | 8 | 9 | 10 |  |
| Introductory              |                     |   |   |   |   |    |  |



| Level of Unit in Course  | AQF Level of Course |   |   |          |   |    |
|--------------------------|---------------------|---|---|----------|---|----|
| Level of Offic in Course | 5                   | 6 | 7 | 8        | 9 | 10 |
| Intermediate             |                     |   |   |          |   |    |
| Advanced                 |                     |   |   | <b>V</b> |   |    |

## **Learning Outcomes:**

# **Knowledge:**

- **K1.** Evaluate effective nonverbal, verbal and written communication skills with patients, carers and other health professionals.
- **K2.** Summerise knowledge of acute-care, musculoskeletal, cardiorespiratory, neurological and rehabilitation pathologies and how to manage them based on physiotherapy principles.

### **Skills:**

- **S1.** Demonstrate appropriate professional behaviour in clinical situations including adherence to ethical standards and legal requirements.
- **S2.** Demonstrate the ability to safely and competently plan and perform physiotherapy assessment analysis, intervention, evaluation and planning processes.

# Application of knowledge and skills:

- **A1.** Apply evidence-based practice in the assessment and management of disease, illness and injury across the lifespan and in a range of settings.
- **A2.** Consider and apply appropriate team based interventions in the assessment and management of any particular presentation within the clinical setting.

#### **Unit Content:**

480 hours of Professional Practice clinical placement experience (part two of NHPPS 3107)
Each five-week block (32 hours per week) of clinical experience provides opportunities to integrate theory and practice. In a wide range of settings, you will be given the opportunity and instruction to develop and refine your clinical and reasoning skills necessary for entry into the workforce. Work-based placements allow the development of competencies required for professional practice, including reflective practice, clinical assessment, intervention skills, professional communication, and self-management. Not only will you practice the skills taught, but you will also continue to develop your professional identity. The physiotherapist educators at various facilities work in close partnership with the university to provide these teaching and learning opportunities and to create highly contextualised learning outcomes for you.

### **FEDTASKS**

Federation University Federation recognises that students require key transferable employability skills to prepare them for their future workplace and society. FEDTASKS (**T**ransferable **A**ttributes **S**kills and **K**nowledge) provide a targeted focus on five key transferable Attributes, Skills, and Knowledge that are be embedded within curriculum, developed gradually towards successful measures and interlinked with cross-discipline and Cooperative Learning opportunities. *One or more FEDTASK, transferable Attributes, Skills or Knowledge must be evident in the specified learning outcomes and assessment for each FedUni Unit, and all must be directly assessed in each Course.* 



| FEDTASK attribute and descriptor                 |  | Development and acquisition of FEDTASKS in the Unit |                          |  |
|--|--|---|--------------------------|--|
|  |  | Learning<br>Outcomes<br>(KSA)                       | Assessment task<br>(AT#) |  |
| FEDTASK 1<br>Interpersonal                       | Students will demonstrate high-level skills to effectively communicate, interact and work with others both individually and in groups Students will be required to display (in person and/or online) high-level skills in-person and/or online in:  • Effective verbal and non-verbal communication via a range of synchronous and asynchronous methods  • Active listening for meaning and influencing  • High-level empathy for others  • Negotiating and demonstrating extended conflict resolution skills  • Working respectfully in cross-cultural and diverse teams  | Not applicable                                      | Not applicable           |  |
| FEDTASK 2<br>Leadership                          | Students will demonstrate the ability to apply leadership skills and behaviours Students will be required to display skills in:  Creating, contributing to, and enabling collegial environments  Showing self-awareness and the ability to self-reflect for personal growth  Inspiring and enabling others  Making informed and evidence-based decisions through consultation with others  Displaying initiative and ability to solve problems   | Not applicable                                      | Not applicable           |  |
| FEDTASK 3<br>Critical Thinking<br>and Creativity | Students will demonstrate an ability to work in complex and ambiguous environments, using their imagination to create new ideas Students will be required to display skills in:  Reflecting critically on complex problems  Synthesising, evaluating ideas, concepts and information  Proposing alternative perspectives to refine ideas  Challenging conventional thinking to clarify concepts through deep inquiry  Proposing creative solutions in problem solving  | Not applicable                                      | Not applicable           |  |
| FEDTASK 4<br>Digital Literacy                    | Students will demonstrate the ability to work proficiently across a range of tools, platforms and applications to achieve a range of tasks Students will be required to display high-level skills in:  • Finding, accessing, collating, evaluating, managing, curating, organising and appropriately and securely sharing complex digital information at a high-level  • Receiving and responding to messages in a range of digital media  • Using digital tools appropriately to conduct research  • Contributing proficiently to digital teams and working groups  • Participating in and utilising digital learning opportunities   | Not applicable                                      | Not applicable           |  |
| FEDTASK 5<br>Sustainable and<br>Ethical Mindset  | Students will demonstrate the ability to think ethically and sustainably. Students will be required to display skills in:  • The responsible conduct of research • Making informed judgments that consider the impact of devising solutions in multiple global economic environmental and societal contexts • Demonstrating commitment to social responsibility as a professional and a citizen • Generating research solutions which are sustainable, ethical, socially responsible and/or sustainable • Extending lifelong, life-wide and life-deep learning to be open to diverse others • Demonstrate extended actions to foster sustainability in their professional and personal life. | Not applicable                                      | Not applicable           |  |



# **Learning Task and Assessment:**

| Learning Outcomes<br>Assessed | Assessment Tasks   | Assessment Type                       | Weighting |
|-------------------------------|--|---------------------------------------|-----------|
| K1, K2, S1, S2, A1, A2        | One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys. | Clinical placement assessment x1      | 15-35%    |
| K1, K2, S1, S2, A1, A2        | One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys. | Clinical placement assessment x1      | 15-35%    |
| K1, K2, S1                    | One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys. | Clinical placement assessment x1      | 15-35%    |
| K1, K2, S1, S2, A1, A2        | Reflective journal assignment  | Reflective and Demographic submission | 10-20%    |

# **Adopted Reference Style:**

APA

Refer to the <u>library website</u> for more information

Fed Cite - referencing tool